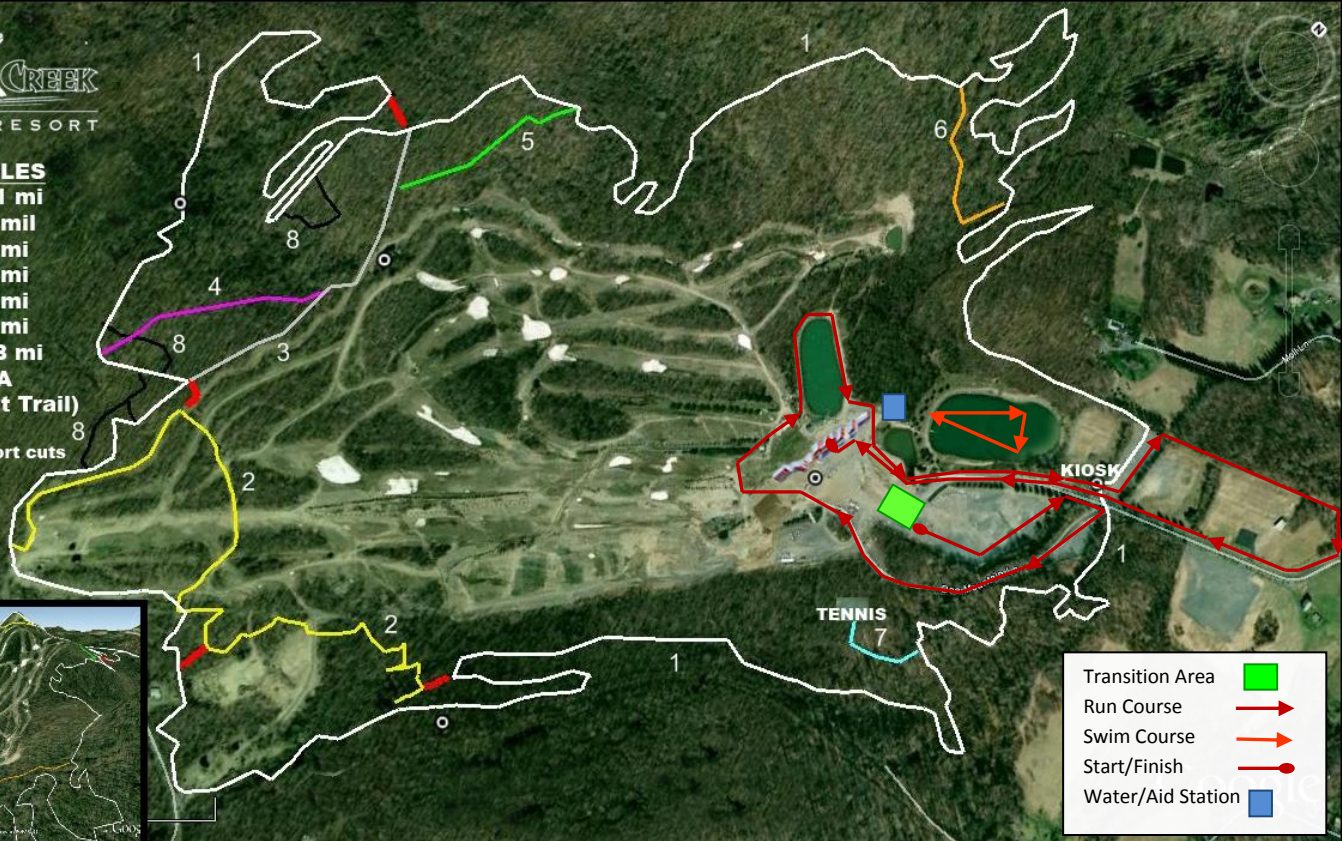




TRAIL	MILES
1- White	5.1 mi
2- Yellow	.7 mil
3- Grey	.3 mi
4- Purple	.2 mi
5- Green	.2 mi
6- Orange	.2 mi
7- Lt. Blue	.08 mi
8- Black	N/A

(Black=Expert Trail)

Red trails are short cuts



Transition Area	
Run Course	
Swim Course	
Start/Finish	
Water/Aid Station	